



HAKOMI

MINDFUL SOMATIC PSYCHOTHERAPY

Certificate of Attendance

This is to certify that

Estelle Schmitt

Attended Professional Development Training in

**Hakomi Professional Training
Level 2: Hakomi Professional Skills**

with

Dr Karen Baikie, Certified Hakomi Trainer
Pernilla Siebenfreund, Certified Hakomi Trainer
Deb Algar, Certified Hakomi Teacher

Crows Nest Centre

Module 1: 22nd – 27th October 2022 [6 days in person, 38 hours]

Webinar 1: 17th February [2 hours online]

Module 2: 18th – 23rd March 2023 [6 days in person, 38 hours]

Webinar 2: 14th April 2023 [2 hours online]

Module 3: 20th – 25th May 2023 [6 days in person, 38 hours]

Webinar 3: 26th June 2023 [2 hours online]

Module 4: 9th – 14th September 2023 [6 days in person, 38 hours]

The training covers the Professional Skills of Hakomi Mindful Somatic Psychotherapy, and includes lecture material, experiential exercises to practice skills, and group discussion.

Total Hours for Professional Development Programs: 158 hours

Dr Karen Baikie

B.Sc.(Hons) (Psychol). B.A. M.Clin.Psych. Ph.D. MAPS. CHT. SEP.

Consultant Clinical Psychologist

Certified Hakomi Therapist and Trainer

Organiser, Hakomi Sydney

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