

≡ THE EMBODY LAB

CERTIFICATE OF COMPLETION

This certificate is given to

Astrid Heyerdahl

For successfully completing the 60 hour Integrative Somatic Trauma Therapy
Certificate Program on January 30, 2025

Program completed with

DR. ARIELLE SCHWARTZ, NKEM NDEFO & DR. SCOTT LYONS

A handwritten signature in black ink, appearing to read "Scott Lyons".