

≡ THE EMBODY LAB

CERTIFICATE OF COMPLETION

This certificate is given to

Hannah Asprey

For successfully completing the 60 hour Breathwork & Movement Therapy
for Trauma Healing Certificate Program on November 5, 2025

Program completed with

DR. SCOTT LYONS, KAI CHENG THOM, DR. ARIELLE SCHWARTZ, DR. AMBER ELIZABETH GRAY, DR. RAE JOHNSON,
DR. ANGELA GRAYSON, DR. CHARNÉ FURCRON, MANUELA MISCHKE-REEDS, MA, LMFT & DR. ROSARIO SAMMARTINO

