



HAKOMI

MINDFUL SOMATIC PSYCHOTHERAPY

Certificate of Attendance

This is to certify that

Estelle Schmitt

Attended 10 days of Professional Development Training in

**Hakomi Professional Training Level 1
Hakomi Fundamental Relationship Skills**

with

**Dr Karen Baikie, Certified Hakomi Trainer
Pernilla Siebenfreund, Certified Hakomi Trainer**

Crows Nest Centre, NSW
Module 1: 26th – 30th March 2022
Module 2: 22nd – 26th June 2022

The training covers two 5-day modules of the Fundamental Relationship Skills of Hakomi Mindful Somatic Psychotherapy, and includes lecture material, experiential exercises to practice skills, and group discussion.

Total Hours for Professional Development Programs: 69 hours

www.hakomi.com.au

Dr Karen Baikie

B.Sc.(Hons) (Psychol). B.A. M.Clin.Psych. Ph.D. MAPS. CHT.

Consultant Clinical Psychologist

Certified Hakomi Therapist and Trainer

Organiser, Hakomi Sydney

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