

≡ THE EMBODY LAB

CERTIFICATE OF COMPLETION

This certificate is given to

Eric G Vargas

For successfully completing the 60 hour Somatic Anxiety Therapy Certificate Program
on March 12, 2026

Program completed with

DR. SCOTT LYONS, KAI CHENG THOM, ANNA FERGUSON, PETER A. LEVINE, PhD, DEB DANA,
MORGAN STARR-RIESTIS, SHARON SALZBERG, KARINE BELL, NKEM NDEFO, MSN, & DR. ARIELLE SCHWARTZ

